



**Prayer Guide: Psalm 62**

**By Daniel Henderson (Praying the Psalms Copyright © 2023) at [strategicrenewal.com](http://strategicrenewal.com)**

Psalm 62 (ESV)

TO THE CHOIRMASTER: ACCORDING TO JEDUTHUN. A PSALM OF DAVID.

- 1 For God alone my soul waits in silence;  
from him comes my salvation.
- 2 He alone is my rock and my salvation,  
my fortress; I shall not be greatly shaken.
- 3 How long will all of you attack a man  
to batter him,  
like a leaning wall, a tottering fence?
- 4 They only plan to thrust him down from his high position.  
They take pleasure in falsehood.  
They bless with their mouths,  
but inwardly they curse. Selah
- 5 For God alone, O my soul, wait in silence,  
for my hope is from him.
- 6 He only is my rock and my salvation,  
my fortress; I shall not be shaken.
- 7 On God rests my salvation and my glory;  
my mighty rock, my refuge is God.
- 8 Trust in him at all times, O people;  
pour out your heart before him;  
God is a refuge for us. Selah
- 9 Those of low estate are but a breath;  
those of high estate are a delusion;  
in the balances they go up;  
they are together lighter than a breath.
- 10 Put no trust in extortion;  
set no vain hopes on robbery;  
if riches increase, set not your heart on them.
- 11 Once God has spoken;  
twice have I heard this:  
that power belongs to God,
- 12 and that to you, O Lord, belongs steadfast love.  
For you will render to a man  
according to his work.

## **REVERENCE**

### ***God's Praiseworthy Attributes:***

- He alone is our salvation, rock, and fortress when we are feeling insecure - vv.1-2, 6-7
- Our hope - v.5
- Our trustworthy God who welcomes the outpouring of our hearts - v.8
- A God of power, steadfast love, and ultimate judgment - v.12

### ***Possible Prayer Prompts:***

- I praise You that You have been my salvation when...
- Thank You, because You are my rock and fortress, I do not have to be shaken when...
- I praise You that You are my true hope when I encounter...
- Because You are trustworthy I know I can pour out my heart over...
- Because power belongs to You, you are able to...

## **RESPONSE**

- I admit that it is hard for me to be silent and wait on You alone, especially when...
- I confess that I sometimes tend to trust...rather than waiting on You.

## **REQUESTS**

- Lord, help me to wait on You alone in silence as I deal with...
- Because You are my rock and my salvation, I trust You for the burden of...
- Be a fortress today for (name) so they will not be shaken by...
- Because power belongs to You, give me faith to know that You can...

## **READINESS**

- Because You are my mighty rock and fortress, I will trust You to protect me from the enemy when he tries to...
- Fix my eyes on You today when my heart is tempted to...
- Memorize and meditate on v.8