



## **Prayer Guide: Psalm 124**

**By Daniel Henderson (Praying the Psalms Copyright © 2023) at [strategicrenewal.com](http://strategicrenewal.com)**

### Psalm 124 (ESV)

- 1 If it had not been the LORD who was on our side—  
let Israel now say—  
2 if it had not been the LORD who was on our side  
when people rose up against us,  
3 then they would have swallowed us up alive,  
when their anger was kindled against us;  
4 then the flood would have swept us away,  
the torrent would have gone over us;  
5 then over us would have gone  
the raging waters.  
6 Blessed be the LORD,  
who has not given us  
as prey to their teeth!  
7 We have escaped like a bird  
from the snare of the fowlers;  
the snare is broken,  
and we have escaped!  
8 Our help is in the name of the LORD,  
who made heaven and earth.

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### **REVERENCE**

#### ***God's Praiseworthy Attributes:***

The Lord is on our side - v.1  
He has not allowed us to be ripped apart - v.6  
God has been our help - v.8  
He is maker of heaven and earth - v.8

#### ***Possible Prayer Prompts:***

I bless You, Lord, for being on my side when...  
I praise You for helping me escape...  
I love You, Lord, for being my help in...

### **RESPONSE**

Lord, I will surrender to You when I feel like...is against me.

Lord, I confess I often try to escape my difficulties by...rather than finding divine help in Your name.

### **REQUESTS**

Lord, when (name) treats me with anger, help me to see You and not respond in kind.

Lord, break the snare of...that has been set in my life.

Help me to see that You are stronger than the flood of...that seems to be swirling around me right now.

### **READINESS**

Lord, give me firm confidence that You are by my side, especially when the enemy...

Memorize and meditate on v.8